

Mission Statement

Recovery Ministries seeks to minister to those who have lost their health and freedom through the disease of addiction. The ministry provides parishes and congregations constructive spiritual responses to the major health problems of alcoholism, drug addiction and other addictive illnesses. We offer ourselves as a resource to the Bishop, Clergy and Laity for education and training in the treatment and recovery of addiction.

Episcopalians & Recovery

Because a spiritual solution is often their best hope, people in recovery have an urgent need to develop and maintain a close relationship with the higher power of their understanding.

Recovery Ministries is not bound to one specific recovery program. However, many of our resources are found within 12-Step Programs.

Episcopalians enjoy a source of spiritual nurture and expression that can be lifesaving to many who suffer from the disease of addiction. As Christians, we can offer a great deal of spiritual sustenance to many both within and outside our church.

Church Position

Beginning with the 66th General Convention Resolution on Alcoholism in 1979, The Episcopal Church committed to actively support those who suffer from chemical dependency and to raise the collective national church consciousness of alcohol and drug misuse.

Since then, multiple resolutions at the General Convention have called for each diocese to establish a committee, provide extensive education, and develop written policies about the treatment procedures on addiction and recovery.

Addiction Defined

Addiction is a primary *chronic disease* of the brain that affects reward, motivation, and memory and is often related to trauma.

Addiction is characterized by the inability to consistently abstain, impairment in behavioral control, craving, diminished recognition of significant problems with one's behaviors and interpersonal relationships, and a dysfunctional emotional response.

Addiction knows no limits and indiscriminately touches us regardless of our profession, race, religion, income, neighborhood, age or family background.

Addiction Facts

- 21 million people in the country suffer from full blown addiction and yet only 10% or fewer receive appropriate treatment
- 48 million Americans use or abuse illegal or prescription drugs
- 28 million Americans drive while under the influence of drugs or alcohol
- 7-10 million adults in the US have a mild to severe gambling problem and a further 3-6% of the population suffer from forms of sex addiction.

Addiction is a Family Matter

- In 90% of all child abuse cases, alcohol is a significant factor.
- 80% of all domestic violence, and 30% of all suicides, are due to some form of chemical dependency.
- Children from homes where substance abuse/addictions are present have significantly more behavioral problems and report higher levels of depression and anxiety.

Resources & Contacts

<https://www.aa.org>

<https://al-anon.org>

<https://coda.org>

<https://emotionsanonymous.org>

<https://www.gamblersanonymous.org>

<https://www.na.org>

<https://www.nar-anon.org>

<https://oa.org>

Serenity Prayer

God grant me the Serenity
To accept the things I cannot change,
Courage to change the things I can,
And the Wisdom to know the difference.

Living one day at a time,
Enjoying one moment at a time.
Accepting hardship as a pathway to
peace, taking, as He did, this sinful world
as it is, not as I would like it.

Trusting that He will make all things
right, if I surrender to His will.
That I may be reasonably happy in this
world and supremely happy in the next.

Amen.

Recovery is Possible

With God's help, a life of wholeness and wellness is obtainable by all. Whether you are in active addiction or suffering as a family/friend of an addict, the path to wellness is not to be traveled alone. We are here for you. Let us walk with you.

God is faithful, and He will not let you be tested beyond your strength, but with the testing He will also provide a way out so that you may be able to endure it.

1 Corinthians 10:13-14

Visit our Webpage to Contact Us



RecoveryMinistries@diocese.org



Addiction Awareness and Support Through:

Education / Resources

Liturgy

Prayer



Recovery Ministries
THE EPISCOPAL CHURCH IN SOUTHEAST FLORIDA